



Skill level: Beginner

Block size sewn into quilt: 9" x 9"

Number of blocks: 12 (6 Block A, 6 Block B)

Finished quilt size: 39½" x 49½"

Materials

- ¾ yd. of light blue fabric
- 1⅓ yds. of pink fabric (includes binding)
- 1½ yds. of white fabric
- 48" x 58" piece of backing fabric
- 48" x 58" piece of batting
- ½ yd. of lightweight fusible web
- Thread in colors to match fabrics
- 9½" square of clear template plastic
- Clear template plastic (for appliqué)
- Rotary cutter, ruler, and mat
- Basic sewing and pressing supplies

Cutting Directions

From the light blue fabric, cut:

Eight 1½" x 42" strips; recut four strips into twelve 1½" x 4½" pieces and twelve 1½" x 6½" pieces (for Block A, reserve remaining strips for inner border)

Five 1⅞" x 42" strips; recut into twelve 1⅞" x 5¾" pieces and twelve 1⅞" x 8½" pieces (for Block B)

From the pink fabric, cut:

Six 1½" x 42" strips; recut into twelve 1½" x 6½" pieces and twelve 1½" x 8½" pieces (for Block A) and twenty 1½" squares (for sashing squares)

Five 2¼" x 42" strips (for binding)

Five 3½" x 42" strips (for outer border)

Reserve remainder for heart appliqué

From the white fabric, cut:

Eight 1½" x 42" strips; recut into thirty-one 1½" x 9½" strips (for sashing)

Fourteen 2" x 42" strips; recut into twenty-four 2" x 8½" pieces and twenty-four 2" x 11½" pieces (for Blocks A and B)

One 4½" x 42" strip; recut into six 4½" squares (for Block A)

One 6" x 42" strip; recut into six 6" squares (for Block B)

Directions

Note: When piecing, use a ¼" seam allowance throughout. Sew all pieces with right sides together and raw edges even, using matching thread. Press seams away from the block centers after adding each piece. The heart appliqué does not require a seam allowance if fusing.

Block A Assembly

1. Following **Diagram 1**, sew a 1½" x 4½" light blue piece to each of two opposite sides of a 4½" white square. Stitch a 1½" x 6½" light blue piece to each of the remaining sides.

2. Next, sew a 1½" x 6½" pink piece to each of two opposite sides of the unit as shown in **Diagram 2** and a 1½" x 8½" pink piece to each of the remaining sides. Using the 2" wide white pieces, attach the 8½" long pieces and 11½" long pieces in the same manner.



Diagram 1

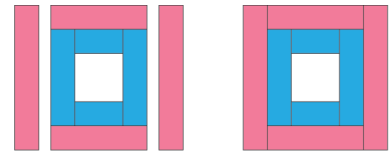
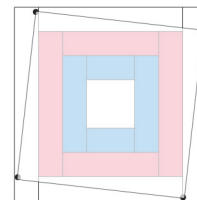
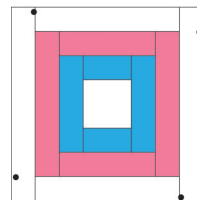


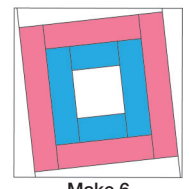
Diagram 1

3. Referring to the **Block A Diagrams** and noting placement, measure and mark ¼" away from each pink corner. Place the 9½" square of clear template plastic on the block so that the corners of the template are positioned on the marks and the block center is offset. Trim the block as shown to measure 9½" x 9½".

4. Repeat steps 1 through 3 to make a total of six blocks.



Block A Diagrams



Make 6

Block B Assembly

1. Block centers. Trace the heart shape provided onto the clear template plastic and cut out neatly. Leaving at least ½" between each shape, trace six hearts onto the paper side of the fusible web and cut out roughly. Following manufacturer's instructions, fuse the shapes onto the wrong side of the remaining pink fabric. Cut out neatly. Remove the paper backing, then center and fuse a heart onto each 6" white square. Buttonhole stitch by hand or machine around the raw edges of each heart using pink thread. Square up the block centers to measure 5¾" x 5¾".

2. Referring to **Diagram 3**, sew a 1⅞" x 5¾" light blue

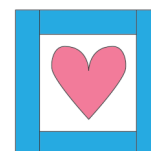


Diagram 3



piece to the top of the block center and another to the bottom. Stitch a $1\frac{7}{8}$ " x $8\frac{1}{2}$ " light blue piece to each side. Next, sew a 2 " x $8\frac{1}{2}$ " white piece to the top of the unit and another to the bottom as shown in **Diagram 4**. Stitch a 2 " x $11\frac{1}{2}$ " white piece to each side.

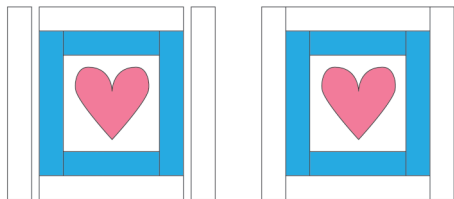
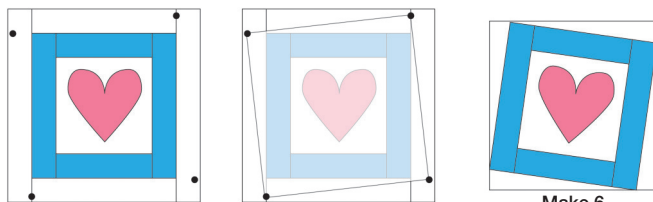


Diagram 4

3. Following the **Block B Diagrams** and noting placement, measure and mark $\frac{1}{4}$ " away from each blue corner. Place the $9\frac{1}{2}$ " square of clear template plastic on the block so that the corners of the template are positioned on the marks and the block center is offset. (**Note:** These marks will be the mirror image of Block A.) Trim the block as shown to measure $9\frac{1}{2}$ " x $9\frac{1}{2}$ ".

4. Repeat steps 2 and 3 to make a total of six blocks.



Block B Diagrams

Make 6

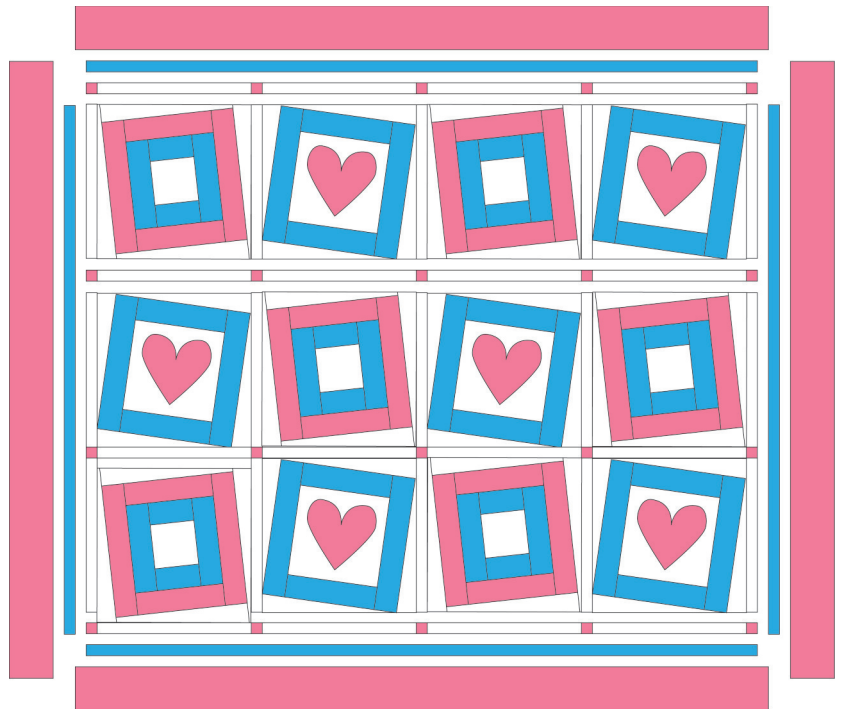
Quilt Assembly and Finishing

Note: Refer to the **Quilt Layout Diagram** for steps 1 through 5. Press seams toward the sashing strips and borders.

1. Sashing rows. Sew five $1\frac{1}{2}$ " pink squares alternately together with four $1\frac{1}{2}$ " x $9\frac{1}{2}$ " white strips. Make a total of four rows.

2. Block rows. Noting orientation and placement, stitch five $1\frac{1}{2}$ " x $9\frac{1}{2}$ " white strips alternately together with four blocks. Make a total of three rows.

3. Sew the sashing rows alternately together with the block rows to complete the $31\frac{1}{2}$ " x $41\frac{1}{2}$ " quilt center.




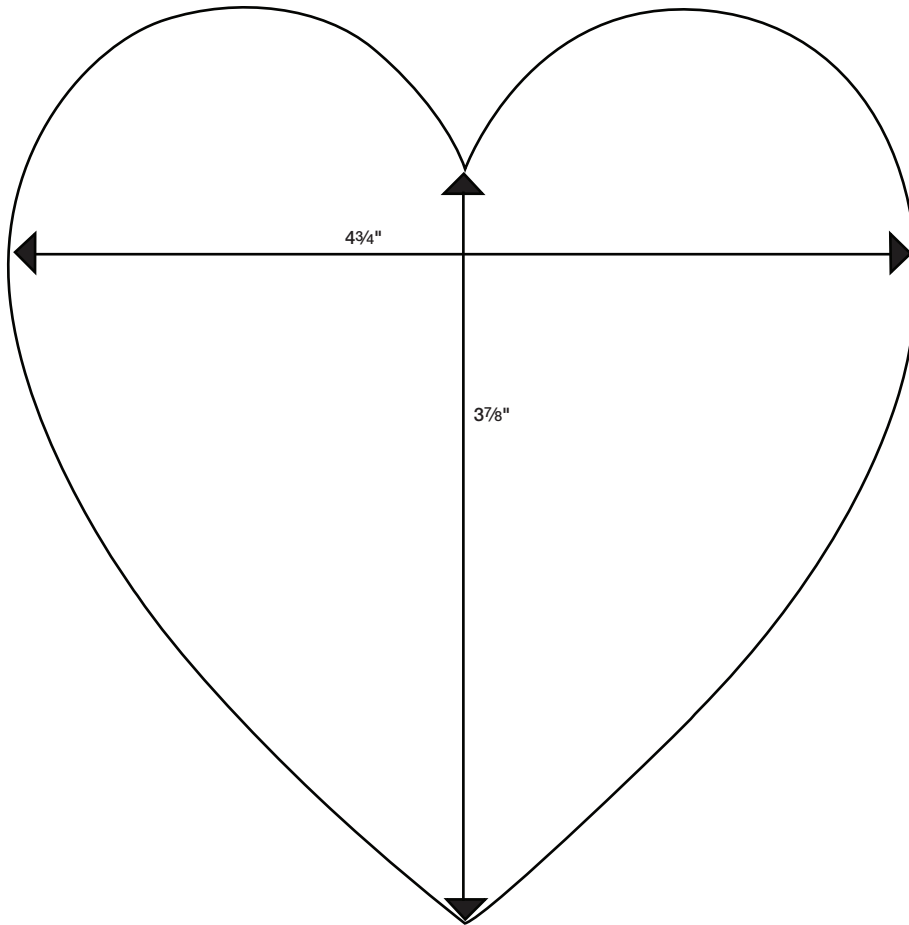
Quilt Layout Diagram

4. Inner border. Sew a $1\frac{1}{2}$ " x 42 " light blue strip to each long side of the quilt center. Press and trim excess. Sew a $1\frac{1}{2}$ " x 42 " light blue strip to each short side. Press and trim as before.

5. Outer border. Stitch three of the $3\frac{1}{2}$ " x 42 " pink strips short ends together to make one long strip. Cut two $43\frac{1}{2}$ " lengths. Sew these strips to the long sides of the quilt top. Stitch a $3\frac{1}{2}$ " x 42 " pink strip to each short side. Press and trim excess.

6. Layer the quilt top right side up on top of the batting and wrong side of the backing. Baste the layers together and quilt as desired. Trim the backing and batting even with the quilt top.

7. Sew the five $2\frac{1}{4}$ " x 42 " pink strips short ends together to make one long strip. Press the strip lengthwise in half with wrong sides together. With raw edges aligned and leaving a 6" tail, stitch the binding to the top of the quilt through all layers. Miter the corners. Stopping 10" from the starting point, lay both loose ends of binding flat along the edge. Where the two loose ends meet, fold back and press to form a crease. Using the crease as your stitching line, sew the two open ends of the binding right sides together. Trim seam to $\frac{1}{4}$ " and press open. Finish sewing the binding to the top of the quilt, then turn the binding to the back and blindstitch in place. 



Heart Template